

Community Investment Guide



United Way
Thunder Bay



United Way
Thunder Bay

2023

Funded Agencies

- Boys & Girls Clubs of Thunder Bay
- Community Clothing Assistance
- Dew Drop Inn
- Elizabeth Fry Society of Northwestern Ontario
- Evergreen A United Neighbourhood
- John Howard Society of Thunder Bay
- Lakehead Social Planning Council
- March of Dimes Canada
- New Directions Speakers' School
- Northwestern Ontario Women's Centre
- NorthWind Family Ministries
- Our Kids Count
- Shkoday
- Thunder Bay Counselling



United Way of Thunder Bay works to improve lives locally in communities across Northwestern Ontario. We support individuals, families, businesses, communities and non-profit organizations in Thunder Bay, and across the region.

This past year, United Way of Thunder Bay has worked to innovate new ways to **unite the community in Local Love**. Your support has helped to fund programs that tackle the issues of poverty. From food insecurity and homelessness, to empowerment and youth programs, we are collaborating with partners to build a community united against poverty.



United Way
Thunder Bay

UNITED IN
LOCAL
LOVE

The United Way Community Impact Plan serves as a strategic guide for our investments; through it, we invest in programs that fall under **three core pillars**:

1. **Meeting People's Basic Needs**
2. **Helping Kids Be All They Can Be**
3. **Building Strong and Healthy Communities**

Meeting People's Basic Needs

Poverty touches every aspect of people's lives—from food, shelter, and employment to mental and physical well-being. For those living on a low income, these worries follow them around on a daily basis. Opportunities to build a good life—including access to meaningful social networks, good jobs, and affordable housing—aren't available. Ensuring that everyone has access to food, shelter, employment opportunities, and a chance to stabilize their income can help vulnerable people access opportunities to help them build a good life.

Helping Kids Be All They Can Be

Every kid deserves a chance to have a great life—to develop from a curious, happy child to a healthy and productive member of society. But for those growing up in poverty, witnessing domestic violence, or facing issues like mental illness or neglect, this is often not the case. Investing in supports for children and youth, including mentoring opportunities, safe places to learn and grow, and access to healthy food can help youth successfully transition to adulthood. By investing in their lives—from early childhood to young adulthood—we ensure kids have everything they need to thrive today and in the future.

Building Strong and Healthy Communities

Strong, supportive, and inclusive neighbourhoods are vital to a thriving community, but across Northwestern Ontario, local residents are dealing with complex issues that prevent them from building a good life. For people living on a low income, or those facing critical social issues like domestic violence, social exclusion, and mental health challenges, opportunities to build a good life aren't equally available. Investing in vital, community-based resources that improve access to timely, client-focused mental health support when they need it most can help to create strong neighbourhoods where everyone has a sense of belonging and connection to one another.

UNITED WAY FUNDED

Agencies

Boys & Girls Clubs of Thunder Bay

Mission:

To provide a safe, supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life.



Contact:

Albert Aiello, Executive Director



Phone: 807-623-0354



Email: info@tbayboysandgirlsclub.org



Website: <https://tbayboysandgirlsclub.org>



Address: 270 Windsor St, Thunder Bay, ON P7B 1V6

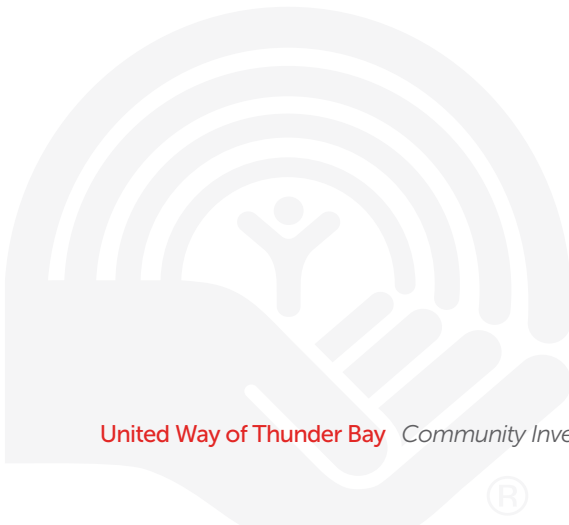


bgc

Thunder Bay

Program(s) Funded:

Windsor Unit Program: At the Windsor Unit the Boys & Girls Club delivers programs and services to area children and youth aged 4-18. They offer skill building, food programs, recreational, educational, leadership, cultural, vocational, and social activities for different age levels.



UNITED WAY FUNDED

Agencies

Community Clothing Assistance

Mission:

Community Clothing Assistance is a Registered Charity seeking to relieve poverty through the operation of a clothing bank providing a supply of clean, quality clothing to persons of low income and individuals in crisis or at risk.



Contact:

Vishesh Nayyar, General Manager



807-474-3583



admin@clothingassistance.com



clothingassistance.com



404 May St N, Thunder Bay, ON, P7C 3R5

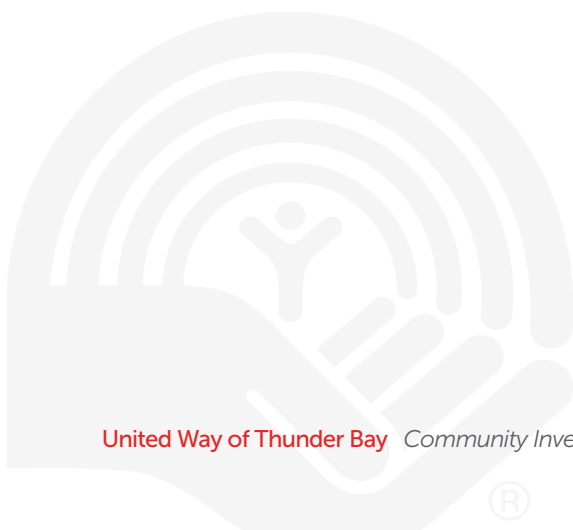


COMMUNITY CLOTHING
ASSISTANCE

Program(s) Funded:

Community Partner Clothing Referral Program:

The Community Partner Clothing REFERRAL program provides free, quality clothing to street-involved and low-income individuals. Individuals throughout Thunder Bay are referred to the Community Clothing Assistance through a network of over 150+ partner agencies, ensuring that everyone in our community has access to quality clothing.



UNITED WAY FUNDED

Agencies

Dew Drop Inn

Mission:

The Dew Drop Inn is a safe, warm and welcoming place where hungry people can come to eat daily with no questions asked. Our task is a simple one; we feed hungry people.



Contact:

Michael Quibell, Executive Director



Phone: 807-345-0481



Email: office@dewdropinnthunderbay.ca



Website: <https://www.dewdropinnthunderbay.ca>



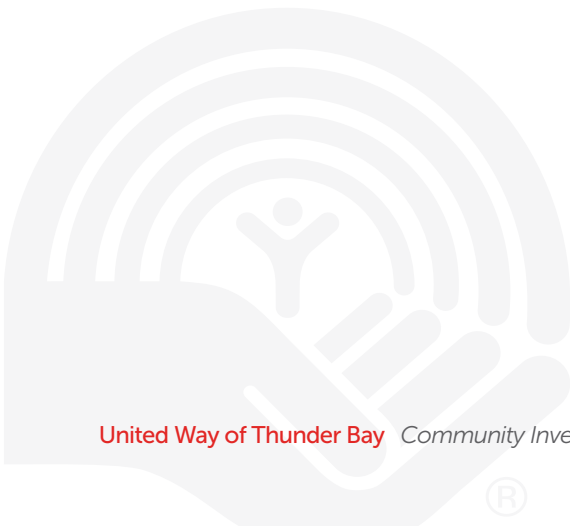
Address: 286 Red River Rd, Thunder Bay, ON, P7B 1N6



Program(s) Funded:

Meal Enhancement Program: The Meal Enhancement Program offers St. Andrew Soup Kitchen the opportunity to scale their services to be able to meet the increasing demand for food access in our community.

Senior Food Hamper Program: This program allows the Dew Drop Inn to hand out a weekly hamper of essential food items for our patrons who are over the age of 60. We will distribute 75 essential bags every week, attempting to cover as many essentials as possible.



UNITED WAY FUNDED

Agencies

Elizabeth Fry Society of Northwestern Ontario

Mission:

To provide advocacy, programming and supportive services to women, Two-Spirit, non-binary and gender diverse people who are criminalized, those transitioning back into the community, and those at risk of criminalization.



Contact:

Lindsay Martin, Director of Operations and Systemic Advocate



Phone: 807-623-1319



Email: info@efsnwo.com



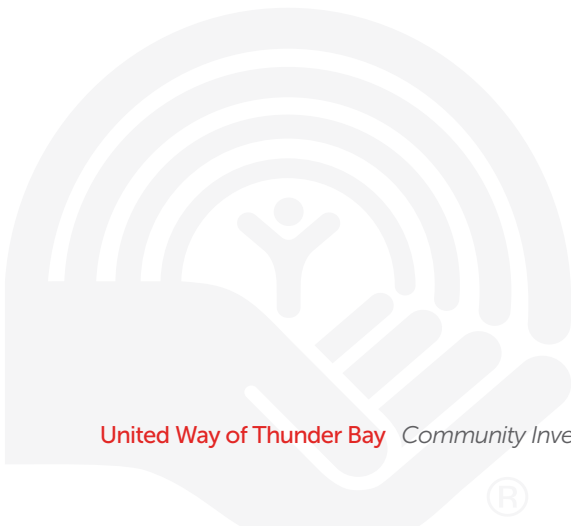
Website: <https://www.elizabethfrynwo.org/>



705 Victoria Ave. E, Thunder Bay, ON, P7C 5X9

Program(s) Funded:

Staying Connected Within A Circle of Care: The inherent purpose of this program is to provide advocacy, services, and emotional support to women and gender diverse people who are criminalized, and those at risk of criminalization. This program allows us to help these individuals navigate a variety of systems and community services to meet their basic needs, to address their underlying needs and concerns and to ultimately remain connected within our community.



UNITED WAY FUNDED

Agencies

Evergreen A United Neighbourhood

Mission:

Evergreen a United Neighbourhood is a grassroots organization that support children, youth and their families who reside in the Simpson Ogden community. Today our essential programs are feeding and building a strong neighbourhood which is done by supporting area youth with art, volunteerism, and skill building.



Contact:

Linda Bruins, Executive Director



Phone: 807-626-0090



Email: evergreenaunitedneighbourhood@tbaytel.net



Website: <https://evergreenunited.ca/>



Address: 139 Heron St, Thunder Bay, ON, P7C 2M2



Program(s) Funded:

Evergreen Youth Supports: The Evergreen Youth Supports program connects children and youth to positive adults and mentors, allowing them to be engaged and involved in their community, to live healthy, to make good choices, and to be equipped to adapt to change. The program runs out of the Evergreen House at 139 Heron Street, and offers children and youth positive social and recreation opportunities throughout the year.

Evergreen Strong Neighbourhood: The Evergreen Strong Neighbourhood program aims to help reconnect vulnerable children and youth as they slowly return to meet, learn, play, and grow. COVID-19 has been very challenging for the younger members of our community, we want to reacclimate them to programs and activities. It is time to offer ways to play sports, enjoy walks, play music, and games safely.

Evergreen Feeding Program: The Evergreen Feeding Program was developed to assist mainly low-income Indigenous families with healthy meals and groceries.

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Agencies

John Howard Society of Thunder Bay

Mission:

The John Howard Society of Thunder Bay supports people who are at risk or involved in the criminal justice system through service, reform, education and advocacy.



Contact:

Kevin Haynen, Executive Director



Phone: 807-623-5355



Email: info@jhstbay.ca



Website: <https://johnhoward.on.ca/thunderbay>



Address: 315 Syndicate Ave S, Thunder Bay, ON, P7E 1E2

JohnHoward
SOCIETY OF ONTARIO

Program(s) Funded:

Community Integration Program – Re-Integration

Case Manager: The purpose of the Community Integration Program is to assist individuals with healthy and sustainable re-integration into the community, provide safety and security through transitional/ supportive housing, and assist in the development of skills for independence to be able to maintain housing in the community.

Community Integration Program – Recreational

Therapist: The Recreational Therapist provides a variety of programming opportunities and options for residents to participate in. Residents develop stronger coping skills through engaging with recreational activities; as well as a stronger sense of belonging in the community. Recreational Therapy is provided from a harm reduction perspective; the aim is to assist clients build skills to help with coping with negative emotions as well to combat loneliness.

UNITED WAY FUNDED

Agencies

Lakehead Social Planning Council

Mission:

The Lakehead Social Planning Council is dedicated to building a better community through strategic alliances, social research and the provision of valid, reliable information.



Contact:

Marie Klassen, Executive Director



Phone: 807-624-1720



Email: info@lspc.ca



Website: <https://www.lspc.ca/>



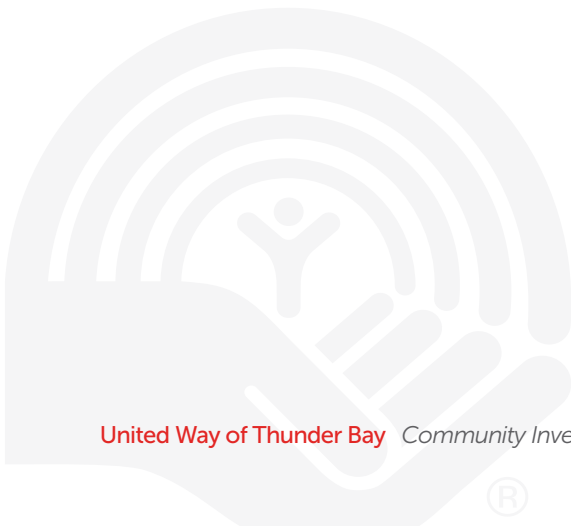
Address: 125 Syndicate Avenue South, Unit 38, Thunder Bay, ON, P7E 6H8



lakehead
social planning
council

Program(s) Funded:

211 – Northern Region: 211 is an information & referral provider for community, health, social and related government services; it connects individuals with the appropriate resources and often prevents an individual's problems from spiraling into crises. By using 211, individuals are empowered to navigate the complex human service systems and are connected to the correct, validated, updated information or services.



UNITED WAY FUNDED

Agencies

March of Dimes Canada

Mission:

To be Canada's leading service provider, resource and advocate, empowering people with disabilities to live and thrive in communities nationwide.



Contact:

Todd Kennedy, Executive Director



Phone: 807-345-6595



Email: tkennedy@marchofdimes.ca



Website: <https://www.marchofdimes.ca>



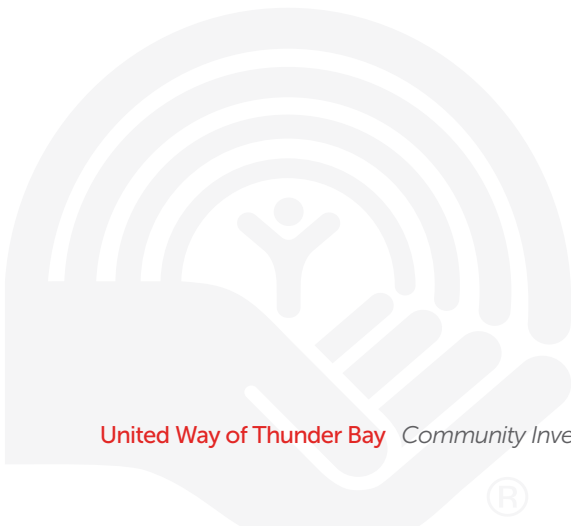
Address: 237 Camelot St, Thunder Bay, ON P7A 4B1



ONTARIO
MARCH
OF DIMES

Program(s) Funded:

After Stroke Program: The After Stroke Program is a personalized, non-medical, recovery program that helps stroke survivors and their families navigate the path forward after a stroke. The program seeks to help survivors and their families recover and live active, healthy and connected lives. Support extends throughout every phase of recovery: from the earliest days in the hospital, to transitioning back home, to the changes and victories that follow.



UNITED WAY FUNDED

Agencies

New Directions Speakers' School

Mission:

New Directions Speakers' School's mission is to enhance public speaking and leadership skills training for disadvantaged people to help them raise awareness and advocate about social justice issues.



Contact:

Annika Gregg, Administrative Liaison



Phone: 807-627-9136



Email: speakersschool@gmail.com



Website: <https://www.speakersschool.ca/>



Address: 86 Cumberland St S, Thunder Bay, ON P7B 2V3



New Directions

Speakers' School

Program(s) Funded:

Speakers' School Program: The New Directions Speakers' School Program is a free public speaking and self-advocacy course that runs twice a year. The program teaches public speaking and leadership skills in an environment of peer support and within the context of education in social justice issues. The training consists of exercises focusing on effective communication, public speaking and group facilitation combined with substantive lectures on local community issues and other related topics presented by community trainers.

UNITED WAY FUNDED

Agencies

Northwestern Ontario Women's Centre

Mission:

The Northwestern Ontario Women's Centre (NWOWC) is a non-profit, community-based feminist organization based out of Thunder Bay, Ontario. Our mission is to create and advocate for safe and supportive environments so that self-identified women can fully engage in their lives and communities. NWOWC works with women to increase their access to knowledge, skills and resources so they can make informed and strategic choices.



Contact:

Gwen O'Reilly, Executive Director



Phone: 807-345-7802



Email: ed@nwowc.org



Website: <https://nwowomenscentre.org/>



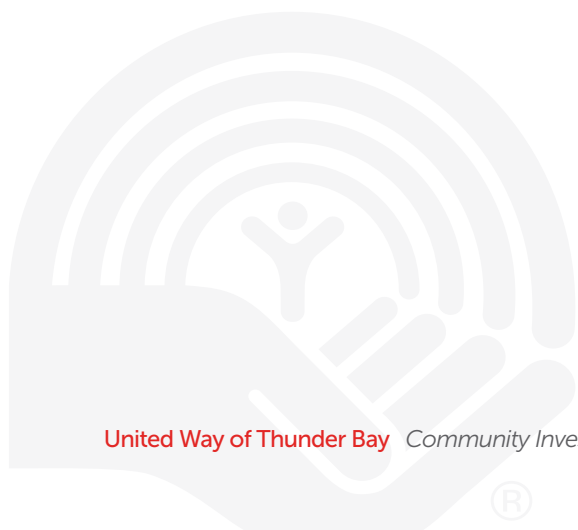
Address: 73 Cumberland St N, Suite 101, Thunder Bay, ON, P7A 4L8



NORTHWESTERN ONTARIO WOMEN'S CENTRE
EMPOWERING WOMEN BY PROVIDING A SAFE AND SUPPORTIVE ENVIRONMENT TO EXPLORE THEIR NEEDS

Program(s) Funded:

Thunder Bay Good Food Box: The Thunder Bay Good Food Box is a non-profit, volunteer powered, community based, food security program. Our aim is to increase access to fresh, quality produce for low income or food insecure people by making it affordable and available in neighbourhoods, housing buildings, organizations, and participating First Nations and rural communities.



UNITED WAY FUNDED

Agencies

NorthWind Family Ministries

Mission:

NorthWind Family Ministries strives to provide sacred places to embrace each other's stories, find belongingness through a borderless community and improve meaningful connections to God and one another – as they were always meant to be.



Contact:

Bonita Ledua, Executive Director



Phone: 807-622-5837



Email: info@northwindfm.org



Website: <http://www.northwindfm.org/>

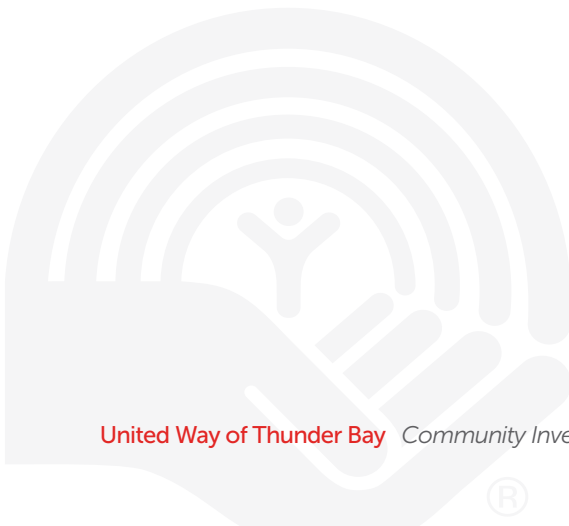


Address: 138 & 141 May St S, Thunder Bay, ON P7E 1B3



Program(s) Funded:

Next Steps Connector Program: The Next Steps Connector Program works to connect street-adjacent individuals with important community resources, including medical appointments, mental health and addictions counselling, housing programs, and addictions counselling, housing programs, and more.



UNITED WAY FUNDED

Agencies

Our Kids Count

Mission:

Our Kids Count (OKC) is a grassroots community development organization and we work with individuals & families to promote the health and development of all children and youth who are in financial need. Our programs are built on needs identified by the families we serve and include community kitchens, parenting & life skills workshops, pre/post-natal support, home visiting, the emergency food cupboard, Big Brothers Big Sisters mentoring, and counselling.



Contact:

Jackie Knough, Executive Director



Phone: 807-623-0292



Email: info@ourkidscount.ca



Website: <http://www.ourkidscount.ca>



Address: 704 McKenzie St, Thunder Bay, ON, P7C 3L4



Program(s) Funded:

Big Brothers Big Sisters: Big Brothers Big Sisters connects one “little” with one “big”, forming strong positive relationships that express care, challenge growth, share power, and expand possibilities for the mentee.

Emergency Child Care Program: The Emergency Child Care Program provides brief, emergency childcare for up to three hours. This allows families and parents respite, the opportunity to attend job interviews or medical appointments, or attend to other basic needs.

Food Security Programming: This program provides healthy, nutritious food to participants in the Home Visiting and the Young Parents Program, both of which work in our community to build healthy, strong families.

UNITED WAY FUNDED

Agencies

Shkoday

Mission:

Shkoday exists to support children, youth and caregivers on their life journey by providing a healthy environment and experiences that reflect the cultural values of the extended family and community. In all of our programming, we will see and nurture the spirit/fire in every child, youth and family member through the presence of strong, caring people who share and carry on the love, skills, language and knowledge.



Contact:

Marilyn Junnila, Executive Director



Phone: 807-623-0500



Email: info@shkoday.com



Website: <https://www.shkoday.com/>

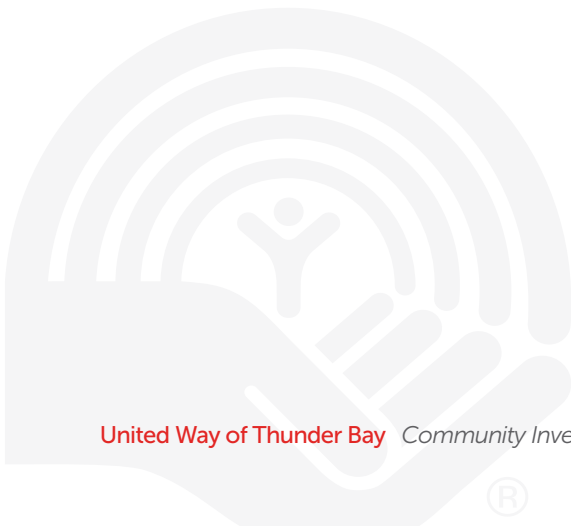


Address: 1610 John Street Rd, Thunder Bay, ON, P7G 1J9

SHK**DAY**

Program(s) Funded:

Aboriginal Headstart and Biwaase'aa Program: Shkoday begins building strong foundations starting with the Aboriginal Head Start (AHS) program, where we work with children 2-6 and their families. Our Biwaase'aa Program supports children during elementary school, where the focus is on introducing or re-introducing culture to children, youth and their families. Throughout all Shkoday's programs, we work with individuals to understand more fully who they are and where they come from and to be proud of their culture.



UNITED WAY FUNDED

Agencies

Thunder Bay Counselling

Mission:

To support people's quality of life through the provision of community-based services that contribute to mental health and well-being.



Contact:

Nancy Chamberlain, Executive Director



Phone: 807-684-1880



Email: community@tbaycounselling.com



Website: <https://www.tbaycounselling.com>



Address: 544 Winnipeg Ave, Thunder Bay, ON, P7B 3S7

Program(s) Funded:

Financial Counselling: The Financial Counselling Program provides support to people of all income levels to help them to enhance their financial well-being and resilience. The Program has a priority focus on Financial Empowerment, strategies that support individuals living on low income to improve their financial security.

Impact of Intimate Partner Violence Program: The Impact of Intimate Partner Violence Program provides individual, couple and family counselling, education and support to people who are experiencing the impact of gender-based violence. This program provides information, education, support, advocacy and a variety of interventions as therapists provide knowledge and support and empower healing and change.

Mental Health Counselling Program: The Mental Health Counselling Program provides counselling, psychotherapy and support services for mild to moderate mental health issues such as depression, anxiety, stress and regulation as well as for grief, relationship issues and substance use/addiction.

**Write them here and mail or drop off to our new location
at 1085 Carrick St., or call us at 807-623-6420.**



United Way
Thunder Bay

1085 Carrick Street, Upper Level
Thunder Bay, ON P7B 6L9
T: (807) 623-6420
F: (807) 623-6180



For more detailed information please visit: uwaytbay.ca